

FREE YOGA CLASSES IN ITALIAN

Spring 2019

**In need of exercising, relaxing and keeping up with your Italian?
You can do all three in just one hour!**

Classes will be conducted mostly in Italian with some English to illustrate poses.

**With Professor of Italian and Registered Yoga instructor
Tiziana Serafini.**



WHEN:

Friday, February 15 - 3:30-4:30pm.

Friday, March 22 - 3:30-4:30pm.

Wednesday, April 24 - 3:30-4:30pm.

WHERE:

Smith Center Studio 1